Dear Parent or Guardian:

A case of **Strep Throat (or Scarlet Fever)** has been confirmed in your child’s classroom at school. It is a throat infection caused by the Streptococcus bacteria.

**Signs and Symptoms:**
- **Strep Throat:** Typically has a sudden onset of red sore throat, fever, listlessness, swollen glands, nausea and headache. Tongue may be coated white and then become bright red.
- **Scarlet Fever:** As above, with a fine sandpaper-like rash that usually begins on the chest and back, spreading to all parts of the body including the hands and feet. The rash clears in about one week and peeling of the skin is common.

**Immediate Intervention:**
Keep child home from school and refer to your health care provider for diagnosis and treatment.

**Incubation Period:**
From 1-3 days.

**Contagious Period:**
- Untreated, 10-21 days. Treated with antibiotics, up to 48 hours after first dose.

**Transmission:**
Contact with secretions of the nose, mouth and throat of an infected individual. These secretions may be on surfaces or in infected droplets in the air.

**School Attendance:**
Must be kept home for a least **24 hours after the first dose of antibiotics** and the individual is **fever-free for 24 hours**.

Please contact your physician or health care provider if you observe any of these symptoms with your child. If you have any questions please contact your school nurse or Maricopa County Health Department at 602-506-6868. Please report all cases of strep throat to the Health Assistant or School Nurse at your child’s school.

Thank you.

School Nurse/ Health Assistant