



### **From the Health Office**

Welcome to the 2022-2023 school year!

Here are a few reminders from the Health Office for all parents and students.

1. The only medication a student can carry without written permission is cough drops. If your student carries an inhaler or Epipen please stop by the health office to fill out the proper paperwork.
2. If your student is going to need to take prescription medication during the school year please pick up the district approved paperwork from the health office. We will need doctor's orders and parental permission to give prescription medication. The doctor's orders will have to match the medication bottle label. If medication is being given during lunchtime, have the doctor's orders and label state the name of medication and that medication is to be given during lunchtime. We do not give before or after school medication and cannot give medication the first or last 60 minutes of the school day.
3. If your student is injured and will need to use the elevator, they will need to stop in the Health Office to get an elevator key. There is a \$20 cash deposit that will be returned once the student is recovered and the key is returned. If your student is using crutches, a scooter, or is wearing a boot we will need a note from your doctor on file.
4. If your student is having serious health issues during the school year please be in contact with one of the school nurses, Mary Rinsem, RN or Tammy Lawson, RN.