

## HJHS 8<sup>th</sup> Grade Electives

### **Choir 8    Year Long Elective    8th Grade**

This course is a study of intermediate music concepts: music reading skills with emphasis on solfege, vocal technique, and performance skills. No previous experience is required, and students will not be required to sing alone. The purpose of this course is to encourage students to have fun while studying different types of music, including traditional, musical theater, jazz, and popular styles, as well as music in foreign languages.

### **Orchestra II    Year Long Elective    8th Grade**

This course is a continuation of Orchestra I including advanced scales, bowings, and string techniques. This class includes quarterly concerts and adjudicated festival opportunities. Performance attendance is required.

**Prerequisite: Previous orchestra experience required.**

### **Band 8    Year Long Elective    8th Grade**

This course is a study of advanced fundamental technical development and large ensemble performance. The major topics covered in this class will be Band Method III and traditional and contemporary band music. Other features of this course are participation in school assembly programs and evening concerts. This is for eighth grade students who have played their band instruments for more than one year. **Prerequisite: Previous band experience.**

### **Beginning Band    Year Long Elective    7th or 8th Grade**

This course is a study of the basic elements of music tonal production and skill development. The major topics covered in this class will be Band Method I and concert preparation. This is for students interested in learning to play a band instrument for the first time or learning a new instrument. Some students enrolled in Beginning Band will continue their course of study in Band 7 or Band 8 second semester.

### **Art I Year Long Elective 8th Grade**

This course is designed to complement Introduction to Art by continuing to explore various kinds of art. Students will enhance their abilities in line drawings, pen and ink cross hatching, color stippling, marker rendering, collage making, watercolor and pastel painting. The principles of art and elements of design will be emphasized. This is a specialized class for students who enjoy art. Students may enter their artwork in the school's spring art exhibit.

### **Theatre I Year Long Elective 8th Grade**

Students taking this beginning course will study various genres of the Theatre. Students will gain and demonstrate skills through acting, stage movement, pantomime, improvisation, Theatre history, script writing, and characterization. Students will learn and use Theatre vocabulary in activities, in addition to reinforcing their literacy skills.

### **Exploration of Family and Consumer Sciences (FACS) Year Long Elective 8th Grade**

This course explores a variety of curriculum in relation to Family and Consumer Sciences and works toward developing skills essential for life management and career development. Areas of study may include Culinary Arts, Child Development, Fashion Design, Interior Design, and Life Management. Demonstrations, group activities, community relations/service projects, and cooperative learning experiences enhance this class.

### **SPANISH I**

*Grade: 7/8 Year Long Course*

*Prerequisite 7th: Concurrently enrolled in Honors English or Honors Social Studies recommended*

*Prerequisite 8th: None*

This is a high school level course that will introduce the basics of Spanish language and culture. Students will build proficiency in the three modes of communication according to the Arizona and national standards: interpretive, interpersonal and presentational. Emphasis will be placed on real-world application of language skills. The concepts are taught through a variety of cultural themes, authentic resources and instructional techniques. Students will be expected to actively use their language skills each day to build proficiency - speaking, reading, writing and listening to authentic language. **The letter grade received in this course will be documented on the high school transcript and will NOT be factored into the student's high school GPA.**

**STEM Exploration II Year Long Elective 8th Grade**

This course introduces students to STEM (science, technology, engineering and mathematics) experiences in a project-based environment and connects these experiences to the Arizona Mathematics Standards. Topics may include the use of computers in mathematical problem solving, technical writing and drawing, exploring and modeling linear and non-linear relationships, practical applications of systems of equations, applications of fluid power, data analysis and statistics, critical thinking and questioning skills, and introductory finance and project management.

**Applied Technology & Design I Year Long Elective 8th Grade**

This course gives students a practical and hands-on understanding of applied technology in various fields. It covers the application of technological concepts and tools to real-world scenarios, focusing on problem solving, innovation, and the integration of technology in different industries. Students will explore the principles of applied technology, gain proficiency in using relevant tools and equipment, and develop critical thinking and problem-solving skills.

**Yoga Fitness Training Year Long Elective 8th Grade**

This course will introduce students to beginning yoga asanas. Emphasis will be placed on awareness of technique, skill, flexibility, posture, history, knowledge, vocabulary, core strength, and aesthetics of each asana. Students will learn and apply components of health-related fitness. Cardiovascular conditioning will be taught on a regular basis.

**Team Sports Year Long Elective 8th Grade**

This course will provide an opportunity for students who have a high level of interest and skill in team sports to participate in offerings such as softball, volleyball, soccer, flag football, basketball and other sports. The health-related physical fitness test is administered twice each semester. This class is not AIA competitive.

**Introductory Weight Training    Year Long Elective    8th Grade**

This course will introduce resistance training and include a variety of exercises, techniques and programs. Students will learn and apply health-related concepts, proper nutrition and physiology. Students will learn and demonstrate correct techniques of core lifts, which may include squat and power clean. Cardiovascular conditioning and individual fitness assessments will be included. **Cannot be co-enrolled with Introductory Sports Training.**

**Introductory Sports Training    Year Long Elective    8th Grade**

This course will implement sport-specific lifting, cardiovascular conditioning, and fitness programs to improve athletic performance and injury prevention. A health-related curriculum including nutrition, physiology and health concepts will be incorporated.

**Cannot be co-enrolled with Introductory Weight Training.**

## **HJHS 8th Grade Application-Based Elective Courses**

**Read:** These courses require an application that include teacher recommendations.

Once your application is approved, you will be placed in the class. You **STILL** must enter **FIVE** electives in Infinite Campus. Application electives are not in the IC portal. If you are accepted into the class, it will replace your elective you entered in IC. These are full year courses.

### **UNIFIED PHYSICAL EDUCATION    Year Long    Grades 7/8 Complete Application**

This course will provide inclusive opportunities for all students, creating a collaborative learning community, in a daily physical education class. This class matches PE across grade levels to benefit all students involved. Pick up an application from the Counseling Dept. Office or Front Office.

### **UNIFIED THEATRE I    Year Long    Grades 7/8 Complete Application**

This course will provide inclusive opportunities for all students, creating a collaborative learning community, in a daily drama class. It will introduce students to the basic elements and principles of theatre. Students will work on communication skills, physical movement for the stage, and speaking skills (both non-verbal and verbal).

### **YEARBOOK    Year Long    Grades 7/8 Complete Application**

This course creates a 100+ page volume of junior high memories. Students in this class are people who are idea oriented, creative, original, and hardworking. Photographers, graphic artists, and budding writers are encouraged to apply. Competent writing skills and computer literacy are advantages. Students in this class will gain an understanding of layout design, desktop publishing, marketing, sales, interviewing, copywriting and editing, and photography. Students will work in groups where cooperation, responsibility and effort are a must. Attendance at before school, after school, and lunch staff meetings will be required periodically.

**ADVANCED ROBOTICS    Year Long    Grades 7/8**  
**Complete Application**

This is an advanced course where students will explore the concepts and processes of visual communication through the use of technical drawings, sketches and pictures to plan for and document the construction of a robot. Laboratory and computer based activities allow students to discover and expand their skills for practical use in today's world. Students will participate in NARLEE (North American Robotic League Educational Experience).

**LEADERSHIP DEVELOPMENT    Year Long    Grades 7/8**  
**Complete Application**

This course is an interactive course designed to equip students with the fundamental skills and principles of effective leadership. Through engaging activities, group discussions, and real-world applications, students will develop their self-confidence, communication abilities, teamwork, and problem-solving skills. This course encourages students to explore their potential as leaders and prepares them for leadership roles within their school and community.

**STUDENT MENTORSHIP    Year Long    Grades 7/8**  
**Complete Application**

This course will allow students to work with and teach personal management, leisure, vocational skills, social skills and academics to special needs students. This course is an extension of the Hurricane Heroes club.

**Jazz Band Grades    Year Long    Grades 7/8**  
**Audition and Concurrent enrollment in another music course is required**

This course is a study of introductory jazz ensemble literature--traditional swing and contemporary pop styles. Students will also participate in school assembly programs and evening concerts. This is for students who play saxophone, trumpet, trombone, percussion, piano, and bass and are interested in auditioning for this select group.