



Do you love to cook? Sign up for a Culinary Arts class!

LM106/107 Culinary Arts 1 & 2

Culinary 1 will provide instruction in meal preparation, basic nutrition, and healthy food selection. Healthy cooking principles, safety and sanitation, proper use of equipment, and basic workplace skills will also be covered. Culinary 2 will incorporate advanced cooking and baking techniques, i.e. parties, yeast breads, beef, fish, poultry, and cheese. Students will also use technology for presentations and learn basic cake decorating techniques along with continuing development of workplace skills.

LM108/109 – Culinary Arts 3 & 4

Culinary 3 allows students to put their artistic skills to use through meal and menu preparation, regional foods, knife skills, garnishing, plating, and career exploration. Field trips and guest speakers will be featured throughout the semester, along with opportunities to cater events for the school and community. Students will need to obtain their Food Service Worker card through class or on their own. Culinary 4 will introduce students to foreign foods, the food service industry, menu planning, fine dining and customer relations. There will be a larger focus on employability in the food industry, career exploration and opportunities for catering. Student participation in a Career and Student Organization (CTSO) will be encouraged. Eligible students will have the opportunity to compete for scholarships to attend local and national culinary schools.

LM500 Culinary Arts 5 – Introduction to Baking and Pastry

This course will cover cooking techniques and preparation methods for cakes, pies, cookies and simple desserts as well as production of doughs and breads. Curriculum includes preparation of various bakery sauces and toppings, uses of chocolate, and appropriate presentation methods for various types of desserts. Students will gain hands-on experience through onsite catering. Other features of the course include field trips, guest speakers and training opportunities through Careers through Culinary Arts program (C-CAP).

For more information, please see Mrs. Brightman in room 5147

or email mary.brightman@gilbertschools.net

Maria Cantwell